



September 2008



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 No School Labor Day	2	3	4	5	6
7	8 GBBALL - Conditioning 3:30-4:30 BBBALL - Shooting 6:30-7:15 am	9 GBBALL Shooting/Condit 6:30-7:15 am BBBALL - Conditioning 3:30-4:30pm	10 GBBALL - Conditioning 3:30-4:30 BBBALL - Shooting 6:30-7:15 am	11 GBBALL Shooting/Condit 6:30-7:15 am BBBALL - Conditioning 3:30-4:30pm	12	13
14	15 GBBALL - Conditioning 3:30-4:30 BBBALL - Shooting 6:30-7:15 am	16 GBBALL Shooting/Condit 6:30-7:15 am BBBALL - Conditioning 3:30-4:30pm	17 GBBALL - Conditioning 3:30-4:30 BBBALL - Shooting 6:30-7:15 am	18 GBBALL Shooting/Condit 6:30-7:15 am BBBALL - Conditioning 3:30-4:30pm	19	20
21	22 GBBALL - Conditioning 3:30-5pm BBBALL - Shooting 6:30-7:15 am	23 GBBALL Shooting/Condit 6:30-7:15 am BBBALL - Conditioning 3:30-4:30pm	24 GBBALL - Conditioning 3:30-4:30 BBBALL - Shooting 6:30-7:15 am	25 GBBALL Shooting/Condit 6:30-7:15 am BBBALL - Conditioning 3:30-4:30pm	26	27
28	29 GBBALL - Conditioning 3:30-4:30 BBBALL - Shooting 6:30-7:15 am	30 GBBALL Shooting/Condit 6:30-7:15 am BBBALL - Conditioning 3:30-4:30pm	Some Conditioning sessions will have The Shooting Gun involved based on gym availability			

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

GBBALL - Conditioning
3:30-4:30

